

DATES FOR DIARY

November

Monday 15th – Anti Bullying week

Monday 15th – new website goes 'live'

Wednesday 24th – No Pens Day

Wednesday 24th – Virtual Parents Evening

Thursday 25th - Virtual Parents Evening

Monday 29th – Y3 to National History Museum

Tuesday 30th – 9:00am Come to Coffee Morning in PA Hall

December

Thursday 2nd – Y6 to National History Museum

Thursday 9th – Coffee morning for parents of ASD children

Tuesday 14th – Reception Nativity

Wednesday 15th – Y1 Nativity

Thursday 16th – Non uniform & end of term class party

Friday 17th – Last day of term - non uniform £1.00 donation

January 2022

Wednesday 5th – Back to school

Dear All,

It is so wonderful to be writing in a newsletter that is full of news from trips that are now taking place and visiting workshops that have come to school. Here's hoping that restrictions do not increase and that we will be able to continue with these fun learning experiences for the whole year.

I want to thank everyone for keeping to the school policy of wearing a mask when on school grounds. This, I am sure, is helping keep numbers of Covid cases extremely low in the school.

We are looking forward to our next Parent's Evening which will be virtual again, using SchoolCloud as we did last year. Information will follow.

We are now using our new catering company and the dishes being cooked are lovely. I hope you are getting the same feedback from your child.

If you think that you might be entitled to Free School Meals please use the eligibility checker on the school website. This is for anyone who may be receiving benefits in a provided list.

Thank you.

Angela Anterkyi (Head Teacher)

NURSERY, RECEPTION AND YEAR 1 PARK FUN

Year 2 went to the Science Museum to support their science topic on Space. They saw a replica of the Eagle lunar module that Neil Armstrong used and a model of Neil Armstrong. They loved the globe that hung from the ceiling as it changed into different planets.



YEAR 6 'HAPPY HERE' ON SOUTHBANK

Year 6 were very lucky to visit the South Bank Centre on Thursday 21st October to meet authors Yomi Şode, Alexandra Sheppard and illustrator Willkay of an exciting new book called '*Happy Here*'.

Happy Here features inspiring stories from emerging and established black British authors and illustrators. The session was hosted by Radzi Chinyanganya and featured readings, interviews, a live-drawing and Q&A session followed by autographs and signed copies of the book for each class to enjoy. It was an inspiring and fun day.



GLADSTONE PARK TRIPS

How lucky we are to have Gladstone Park on our door step. Nursery, Reception and Year 1 all took advantage of exploring the season's changes before half term. All groups were lucky with the weather. Thank you to the parents who helped.



VIKINGS INVADE

To consolidate their history topic: The Viking and Anglo-Saxon struggle for the kingdom of England, Year 6 had an afternoon where they dressed as Vikings. They explored rune writing, created Thor's hammer and designed and made shields. No pillaging occurred.



POLLOCKS TOY MUSEUM TRIP

In history, Year 1 have been looking at the changes in toys over time. To round off this topic they visited Pollock's Toy Museum in Scala Street which is the oldest toy museum in Britain. They had a great time And saw amazing toys from the past: tin toys, doll houses, teddy bears, puppets, optical toys and games from around the world.



CONGRATULATIONS MARCY!

We are all so very proud of Marcy's marathon success. She ran the race to raise money for Afghanaid.



COME TO COFFEE MORNING

Mrs Anterkyi and the leadership team have regular coffee mornings in the school hall for parents and carers; everyone is very welcome. The next one is on Tuesday 30th November.

It is a great chance to meet with other parents and relax over coffee (or tea).



CONCERNS & SUGGESTIONS

If you have any concerns, queries or suggestions about school life please send them to

admin@gladpark.anthemtrust.uk

You can also use the suggestion box in the main foyer.

Members of the leadership team are on the school gates before and after school and will be happy to answer general school inquiries.

"UNLESS someone like you cares a whole awful lot, nothing is going to get better. It's not."

The Lorax by Dr Seuss



What children need to know about

ONLINE BULLYING



Why does it happen?

GOING ONLINE MAKES IT EASIER FOR PEOPLE TO SAY AND DO THINGS THEY PROBABLY WOULDN'T DO FACE TO FACE. ONLINE BULLIES DON'T GET TO SEE THEIR VICTIMS' REACTIONS IN REAL LIFE, SO THIS CAN COOON THEM FROM THE REAL DAMAGE THAT THEY ARE DOING. QUITE OFTEN, PEOPLE BULLY BECAUSE THEY ARE GOING THROUGH SOMETHING DIFFICULT THEMSELVES AND TAKING IT OUT ON OTHERS IS THE ONLY WAY THEY KNOW HOW TO GET CONTROL OF THEIR OWN EMOTIONS.



What is online bullying?

ONLINE BULLYING - ALSO KNOWN AS CYBERBULLYING - IS BULLYING THAT TAKES PLACE ON THE INTERNET OR VIA ELECTRONIC DEVICES AND MOBILE PHONES. IT CAN INCLUDE:

1. SENDING SOMEONE MEAN OR THREATENING EMAILS, DIRECT MESSAGES OR TEXT MESSAGES
2. HACKING INTO SOMEONE'S ONLINE ACCOUNT
3. BEING RUDE OR MEAN TO SOMEONE WHEN PLAYING ONLINE GAMES
4. POSTING PRIVATE OR EMBARRASSING PHOTOS ONLINE OR SENDING THEM TO OTHERS
5. CREATING FAKE SOCIAL MEDIA ACCOUNTS THAT MOCK SOMEONE OR TRICK THEM
6. EXCLUDING SOMEONE FROM AN ONLINE CONVERSATION OR BLOCKING THEM FOR NO REASON



How does it feel to be bullied?

BEING BULLIED CAN IMPACT ON YOUR SELF-ESTEEM, CONFIDENCE AND SOCIAL SKILLS. BECAUSE IT HAPPENS ON YOUR PHONE, TABLET OR COMPUTER, IT CAN FEEL LIKE YOU ARE UNDER THREAT EVEN WHEN YOU'RE IN A SAFE ENVIRONMENT, SUCH AS YOUR BEDROOM. DON'T FORGET...IT IS NOT YOUR FAULT IF YOU'RE BEING BULLIED.



Am I an online bully?

SOMETIMES IT ISN'T OBVIOUS THAT WHAT YOU ARE DOING IS WRONG, BUT IF YOU USE DIGITAL TECHNOLOGY TO UPSET, ANGER OR EMBARRASS SOMEONE ON PURPOSE, THIS MEANS YOU'RE INVOLVED IN ONLINE BULLYING. IT MIGHT BE AS SIMPLE AS 'LIKING' A MEAN POST, LAUGHING AT AN ONLINE VIDEO, OR SPREADING A RUMOUR. BUT THE PERSON BEING BULLIED COULD FEEL LIKE THEY ARE BEING GANGED UP ON. THINK ABOUT HOW IT WOULD MAKE YOU FEEL IF IT HAPPENED TO YOU. EVERYONE CAN MAKE MISTAKES, BUT IT'S IMPORTANT TO LEARN FROM THEM - GO BACK AND DELETE ANY UPSETTING OR NASTY POSTS, TWEETS OR COMMENTS YOU'VE WRITTEN.

Who do I tell?

YOU DON'T HAVE TO DEAL WITH THE BULLYING ON YOUR OWN. TALK TO AN ADULT THAT YOU TRUST - A PARENT, GUARDIAN, OR TEACHER. MOST WEBSITES, SOCIAL MEDIA WEBSITES AND ONLINE GAMES OR MOBILE APPS LET YOU REPORT AND BLOCK PEOPLE WHO ARE BOTHERING YOU. YOU COULD ALSO CONTACT CHILDLINE (WWW.CHILDLINE.ORG.UK), WHERE A TRAINED COUNSELLOR WILL LISTEN TO ANYTHING THAT'S WORRYING YOU - YOU DON'T EVEN HAVE TO GIVE YOUR NAME.



BE KIND ONLINE

BEFORE PRESSING 'SEND' ON COMMENTS, ASK YOURSELF THESE 3 QUESTIONS...

1. WHY AM I POSTING THIS?
2. WOULD I SAY THIS IN REAL LIFE?
3. HOW WOULD I FEEL IF SOMEBODY SAID THIS TO ME?



How do I prove it?

WHEN CYBERBULLYING HAPPENS, IT IS IMPORTANT TO DOCUMENT AND REPORT THE BEHAVIOUR, SO IT CAN BE ADDRESSED - RECORD THE DATES AND TIMES WHEN CYBERBULLYING HAS OCCURRED, AND SAVE AND PRINT SCREENSHOTS, EMAILS, AND TEXT MESSAGES.



How can I stay safe?

MAKE SURE YOUR PRIVACY SETTINGS ARE SET SO THAT ONLY PEOPLE YOU KNOW AND TRUST CAN SEE WHAT YOU POST. NEVER GIVE OUT PERSONAL INFORMATION ONLINE, SUCH AS IN PUBLIC PROFILES, CHAT ROOMS OR BLOGS, AND AVOID FURTHER COMMUNICATION WITH THOSE SENDING THE MESSAGES. KEEP AWARE OF FAKE PROFILES AND INTERNET USERS PRETENDING TO BE SOMEONE THAT THEY ARE NOT.



#WakeUpWednesday